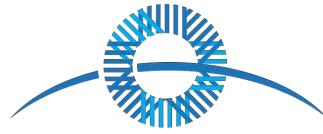


# ALAMEDA CENTER

FOR REHABILITATION & HEALTHCARE



# WHAT'S HAPPENING AROUND ALAMEDA



**ALAMEDA CENTER**  
FOR REHABILITATION & HEALTHCARE

Hello,

We had a fun-packed Hispanic Heritage Month here at Alameda Center. We began the month with movies and manicures for the residents. We also invited the residents to create beautiful arts and crafts, such as painting planters, making jewelry boxes, and painting figurines. One of the residents' favorite activities is listening to live music from Atomic Band and Exodus Supreme. They get to see their familiar favorites performed live so they can sing, dance, and enjoy muffins, passion fruit, orange, and mango refreshments. They also played Bingo for prizes, snacks, and mystery items. The recreation staff held a chocolate milk and snack social on all the floors and one-on-one music therapy in all of the September fun. Brie went to the residents' rooms and sang their favorite songs for them while they sang along. Every day we give out the daily chronicles so the residents can see the significance of each day from history. We do word puzzles and cognitive games on all floors in the morning. We had Café Bustelo and cookies with guava to end Hispanic Heritage month with a bang!

Sincerely,

**Alameda Center's Activities Director**



# WHAT'S HAPPENING AROUND ALAMEDA

## Resident Testimonial: Mr. Writz

Well, it has been a while since I last checked in, and everything is great here at the Alameda Center. We had our monthly Resident Counsel meeting a little while back. This gives all the residents who wish to attend the time to air any concerns or issues with the department administrators themselves (as usual, it was very good). Actually, this one was better because we also had the facility's Chief Administrator Mr. Shlomo Karelitz. It was very nice, and I'm sure that most of the other residents appreciated it as much as I did that he took the time from his busy schedule to stop by and hear if we had any concerns. It was a good communication and exchange with him (as with the other department heads). Well, other than that, nothing new, only the usual: the food is delicious and in good portions, the rooms and common areas are immaculate (the floor is mopped daily with bathrooms several times), and when I'm washing up, one of either the 7-3 or 3-11 CNAs get fresh sheets on the bed. When I need help with my anti-embolism stockings or anything else, there's always someone around to give me a hand. When I got sick a couple of years after my partner died, I was scared to death about what was going to happen to me. But now I'm here, and everything is alright now. Thank you to the Owner, Administrators, truly top-shelf nursing staff, and support departments for all that you do for me and for welcoming me into the greater Alameda family.



## National Housekeeping Week

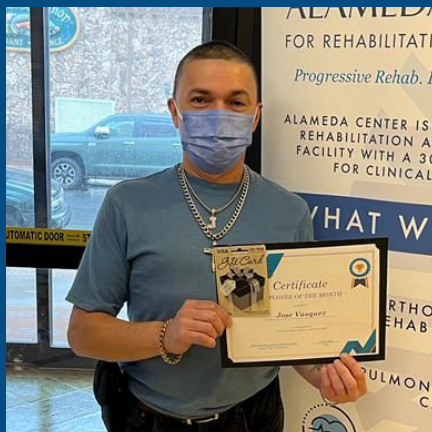
The Housekeeping Week celebrations continue! Today, we are showing love to our incredible housekeeping director. Thank you for everything you do for Alameda Center.

We appreciate you so much!

**#HousekeepingWeek #AlamedaCenter**



# WHAT'S HAPPENING AROUND ALAMEDA



## EMPLOYEES OF THE MONTH

**Jose Vazquez - Housekeeping and Lorraine Solomon Henry - CNA!**



## THERAPY APPRECIATION WEEK

We are celebrating our amazing therapists for National Rehabilitation Week. We can't thank you enough for the incredible work you do here at Alameda Center for Rehabilitation.

**#NationalRehabilitationWeek #Therapists #AlamedaCenter**



# WHAT'S HAPPENING AROUND ALAMEDA



## Hispanic Heritage Month Celebration with **Atomic Band** at Alameda Center!

### Thankful Thursday/Annual Hero's BBQ

We had an amazing Thankful Thursday event! It was an honor to have Mayor Caba stop by to visit our COO, Michael Czermak. We even had a guest dance appearance by the famous Meir Papa! We love our team!

**#ThankfulThursday #AlamedaCenter**







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Thank you for joining us for our September newsletter!

**PLEASE FOLLOW US ONLINE.**